

Florida
Department of Health
in
Orange County



BBB NEWSLETTER

November - December 2022

Welcome! Bellies, Babies & Beyond (BBB) created a newsletter to connect with community partners and members.

The BBB Newsletter is a bi-monthly snapshot of all things BBB. We will inform you of our class schedule, community engagement events, and bring awareness to important maternal and child health topics.

We hope you enjoy!

2nd Annual Maternal Child Health Summit Welcome to ONE!

September 17, 2022



In collaboration with the Florida Department of Health in Orange County Maternal Child Health Division programs and Healthy Start Coalition of Orange County, "Welcome to ONE!" celebrated and highlighted the importance of babies reaching their first birthday and beyond.

Held at the Marriott Downtown Orlando Hotel, the summit provided community resources, educational workshops, health screenings and COVID-19 vaccinations to over 62 attendees.

See page 3 for more photos!

Did you know, November is National Family Literacy Month?

Studies show that reading aloud with mom or dad is the most important activity when it comes to preparing children to read on their own.

Even if your child is just a baby, you should still sit down and read with them frequently. An infant can look at pictures and listen to your voice as you read stories to them. Believe it or not, studies show that reading to a child alone can have a profound effect on their learning later in life.



Upcoming Classes:

E.A.M.I.

Educación y Apoyo a Mujeres e Infantes

January 25

February 1, 8, 15, 22

March 1

6:30 p.m. - 8:30 p.m.

Location: Virtual (Microsoft Teams)

E.A.M.I. is the Spanish speaking version of W.I.S.E.

W.I.S.E.

Women Infant Support Education

January 9, 16, 24, 30

February 6, 13

6:00 p.m. - 8:00 p.m.

Location: Virtual (Microsoft Teams)

Childbirth Class

November 5 & December 3 (English)

November 19 & December 17 (Spanish)

9:00 a.m. - 4:00 p.m.

Location: Lake Ellenor Auditorium

6101 Lake Ellenor Drive, Orlando, FL 32809

November 1, 8, 15, 22 (English)

December 6, 13, 20, 22 (English)

6:30 p.m. - 9:30 p.m.

Location: Lake Ellenor Auditorium

6101 Lake Ellenor Drive, Orlando, FL 32809

Safe Ride 4 Babies Car Seat Class

November 4 & December 2

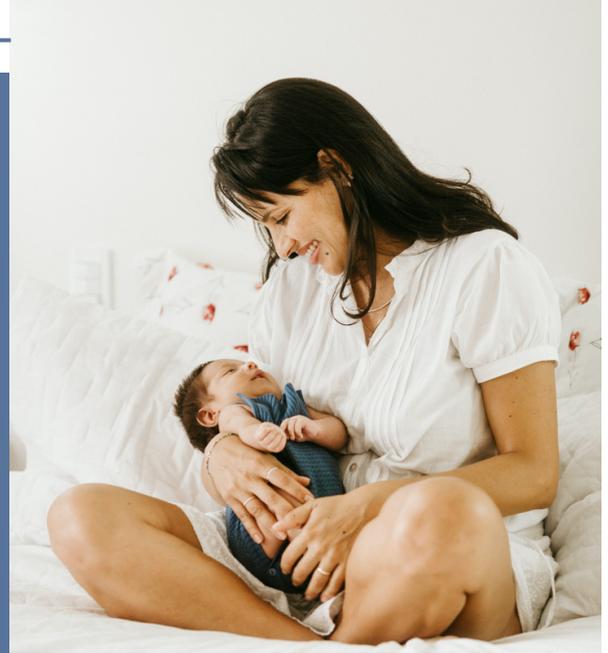
9:00 a.m. (Spanish)

11:00 a.m. (English)

Location: 475 Story Rd

Ocoee, FL 34761

For 24/7 DAD class
dates & time contact
Luc Desir at 407-276-6816



Benefits of Breastfeeding

November 7 & December 5 (English)

7:00 p.m. - 8:00 p.m.

Location: Virtual (Microsoft Teams)

November 21 & December 12 (Spanish)

7:00 p.m. - 8:00 p.m.

Location: Virtual (Microsoft Teams)

Breastfeeding Support Group

November 8 & December 6 (English)

10:30 a.m. - 11:30 a.m.

Location: Virtual (Microsoft Teams)

November 22 & December 13 (Spanish)

10:30 a.m. - 11:30 a.m.

Location: Virtual (Microsoft Teams)

Scan the QR code to
sign up for classes



More from the 2nd Annual Maternal Child Health Summit: Welcome to ONE!



Breastfeeding & Nutrition presented by Felicia Deluca, IBCLC



Fatherhood presented by Luc Desir & Art Howell, MPH, CCHW



Infant CPR presented by Kathy Richardson, BSN, RN



Safe Sleep & SIDS presented by Perla Acosta, B.A.S.S. & Wanda Day

Educational Workshops

Attendees were divided into groups A, B, and C. The educational workshops included Breastfeeding and Nutrition, Infant CPR, Safe Sleep and Sudden Infant Death Syndrome (SIDS), and Fatherhood. Attendees were able to gain a wealth of knowledge from our presenters!

Verbatim Languages - Translation Company

During the summit, we were able to provide translation services in Creole and Spanish. Attendees who used this service were given headphones to listen to the presentations in real time!

Keynote Speaker & Ask-A-Doc

Lesli Odum is a board certified Licensed Mental Health Counselor in Florida and the founder of Full Circle Florida, Inc. During the summit, attendees reflected on efforts focusing on reducing the cycle of intergenerational incarceration, the impacts & challenges related to mental health, trauma, neglect and All Adverse Childhood Experiences (ACEs).

Ask-A-Doc panel discussion was an opportunity for attendees to ask any questions they may have related to pregnancy, early child development and health concerns.



Event Made Possible By:

